

Eco Cleaning Products



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Ladies,

Last month we offered up some excellent finds for [de-toxing](#). But what good is getting rid of the toxins in your body if you don't get rid of the ones in your home? Whenever you use chemicals to clean they leave behind residue that's not good for you or your family. Just ask [Kelly Preston](#). Don't panic, though. There are household cleansers out there that contain no chemicals yet work really well. Plus, these products are great for the environment, too.

Love,
SheFinds

P.S. If this newsletter inspires you to greater chemical-free and eco-friendly heights, go a little further. There are lots of ways to help the Earth, get a clean home, and save a ton of money. For great tips and information, pick up a copy of [Naturally Clean](#) (by the folks at Seventh Generation).



FEATURED LINK

hip & zen is the online shopping destination for sophisticated, sustainable fashion with a funky edge. If you're looking for unique, fashion-forward fare that is good for the earth, visit us at hipandzen.com.

Exclusive offer for Shefinds Readers - 10% if you use Coupon Code ' SHEFINDS ' at checkout.

:: Eco Friendly Kitchen and Bath Cleaners :: No Noxious Fumes

Let's start with the two hardest rooms to clean: the kitchen and the bathroom. It's important to keep a lid on germs in both places. But you don't want to spend hours scrubbing tile and countertops.

One of our favorite eco-friendly companies is [Seventh Generation](#). Their products, made from natural, non-toxic, biodegradable vegetable-based surfactants, are some of the best for tough cleaning jobs. For heavy duty kitchen stains from stove to counter top, we like the [Natural Citrus Cleaner and Degreaser](#). It uses the power of citrus to cut through tough stains but doesn't give off those noxious fumes strong chemical cleansers do. In the bathroom, take on your toilet with their [Natural Mint Toilet Bowl Cleaner](#) - no acids or caustics here.

When it comes time to do the dishes, Seventh Generation's [dishwasher detergent](#) and [liquid dish soap](#) get the job done effectively and naturally without putting harmful phosphates or chlorine into the water supply.

Another eco-friendly company we love is [Method](#). They also utilize natural surfactants that work by absorbing dirt rather than chemically degrading it. Their design sense can't be beat - when is the last time a [dish liquid bottle](#) could pass for abstract art? In the bathroom we like their [Tub & Tile cleaner](#). It will clean hard water stains, soap scum, and even the bleach and ammonia residue other cleansers leave behind. That'll keep it from finding its way onto your skin (yuck).

Method's [All Purpose Cleaner](#) is great for quickly cleaning kitchen and bathroom surfaces. It comes in a variety of natural scents to make everything smell as clean as it looks. (We like lavender the best.) If you're sensitive to scents, go with Seventh Generation's [Free and Clear All Purpose Cleaner](#).



**Natural Citrus Cleaner
and Degreaser**



[Seventh Generation
Natural Liquid Dish Soap](#)

[method Tub + Tile, Soap
Scum + Stain Remover](#)

[method All Purpose
Cleaner](#)

.: Surface to Surface Eco Cleaning Products :. No Chemical Residue Left Behind



**BabyGanics Glass &
Surface Cleaner**

Wood, glass, granite, steel, plastic - between furniture, countertops, electronics, and 'stuff', every home has a plethora of surfaces to clean.

[BabyGanics Healthy Home](#) products are particularly concerned with the health of babies and children. Since kids are even more susceptible to harm from household chemicals, it's important to clean anywhere they might be with safe, non-toxic products. For glass we like their [Glass & Surface cleaner](#). All natural and a streak-free shine. What more could you ask?

Method's [Wood for Good](#) is so amazing that we've completely forgotten about Pledge and Endust. Not only does it really clean and nourish wood, but the almond smell is heavenly.

Some wood needs more than just dusting, it needs protection. For that, you'll need a good wax. Sweet Grass [Farmhouse Furniture Wax](#) combines carnauba, beeswax, olive oil, and lemon oil (but leaves out the silicone) to protect and restore natural wood finishes.

Save money while also saving the earth and pick up Method's [Microfiber Cloths](#) for specialty surfaces. Instead of wasting paper towels cleaning [windows](#), [wood](#), [steel](#), [marble and granite](#), use these fantastic cloths to trap dust and dirt without harming your surfaces. They're also great for allergies - the dust doesn't fly into the air (or your nose) when you use them. Combine with Method's [specialtycleansers](#) for the perfect clean. Then just rinse or toss in the laundry to use again and again (and again).

You can't use most cleaners on electronics and computer keyboards. But these surfaces are major dust traps with their tiny crevices and delicate components. Most folks turn to compressed air in a can, but even that is not eco-clean. Many contain fluorocarbons (CFCS), halons, carbon tetrachloride, or methyl chloroform. Instead, harness the power of your [vacuum](#) for delicate dusting with the [9 piece vacuum attachment kit](#) from Ziotek.



**Sweet Grass Farm
Carnauba Wax Furniture
Rub**



Method's Microfiber Cloths
- Wood, Glass, Stainless Steel,
& Granite



**Vacuum Micro
Attachments, 9-Piece Kit**

.: Eco Friendly Whole House Supplies :. Allergies Start With Your Floor

Allergy sufferers and the chemically sensitive alike owe a lot of their problems to the stuff that collects on the floor. For carpet, your best bet is a great vacuum with a good HEPA filter. Dyson's [DC15 The Ball All Floors Vacuum](#) is pricey, but worth it. If you don't need an upright, we suggest the [goClean canister Wet/Dry Vac](#). Both are amazingly powerful and the HEPA filter will keep allergens out of your (nose)hair. (Save 10% on both with coupon TGTSAVE3 .)

Though they're not as maligned for holding on to dust and mites, wood, linoleum and tile floors are allergen-breeding culprits as well. Wood floors get the royal treatment from Method's wonderfully almond-scented [Wood for Good floor care](#). BabyGanics [Floor Cleaner Concentrate](#) (lavender or unscented) keeps your linoleum and tile floors safe for crawlers. One bottle will last you a good long while.

Keep your floors (walls, countertops, tiles, and just about every other surface in the house) meticulously clean and invest in an Advanced Vapor Technologies [Ladybug steam cleaning system](#) for both heavy duty and light maintenance cleaning. Using only the natural power of steam (no chemicals, no



**Dyson DC15 The Ball All
Floors Vacuum**

soaps, no additives) and its amazing attachments, the Ladybug cleans and sanitizes surfaces with a minimum of fuss. It's the ultimate in eco-clean.

After you finish cleaning, keep every room smelling great without blocking your outlets. [Bamboo Fragrance Sticks](#) are very trendy at the moment. Place a diffusion set in each room for long-lasting, light scent. To freshen up upholstery, Sweet Grass Farm's [Room & Linen Spray](#) leaves nothing but a hint of lavender behind.



[goClean Household
Wet/Dry Vac](#)



[LadyBug XLT](#), \$1,700
@ Amazon.com
or call [AVT](#) direct to find a rep
in your area (and get a free
demo): 800-997-6584.



[Farmhouse Fragrance
Sticks set](#)

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